Learner autonomy has become a buzzword in language education around the world, but realizing the ideal of autonomy in practice remains fraught with difficulties and contradictions. *Realizing Autonomy: Practice and Reflection in Language Education Contexts* is a brave new volume by practitioners in the field who look squarely at the contradictions inherent in the autonomy-fostering practices they bring to their classrooms. What kind of structures do we need to put in place to facilitate learner autonomy? Does learner interdependence really lessen dependence on the teacher and lead to individual independence? As teachers, should we be trying to change contexts of learning or should we aim instead to change our learners? Sixteen chapters offer clear and insightful descriptions of and critical reflection on innovative practices involving curriculum and syllabus, strategies and scaffolding, collaborative learning, and overcoming obstacles to autonomy in a range of educational contexts in Japan.

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